

PINCHED CUISINE

Pick a Base

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| Pita Roll · served with homemade potato chips | \$14.95 |
| Salad Bowl · spring mix greens, house vinaigrette, pita | \$16.95 |
| Rice Bowl · seasoned brown rice, pita | \$17.95 |
| Toasted Pearl CousCous · basil pesto sauce, pita | \$17.95 |

Pick a Protein

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| Chicken Shawarma · fire-roasted chicken marinated in Mediterranean spices | |
| Beef Chevaps · angus ground beef infused with select seasonings and grilled | |
| Chicken Kabob · grilled marinated chicken on a skewer | |
| Spicy Beef Chevap · angus ground beef patty spiced up with crushed chili peppers | |
| Falafel · chickpea fritters | |
| Tangy Chicken · grilled lemon-lime, ground mustard marinated chicken breast | + \$3 |
| Atlantic Salmon · 6oz grilled skinless salmon filet | + \$7 |
| Jumbo Shrimp · 4 pieces marinated, grilled, tail on jumbo shrimp | + \$8 |
| Grilled Tilapia · Blackened or Lemon Pepper | + \$5 |

Add Toppings (Up to Four)

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| Hummus · chickpeas and fresh mint spread (mild) | |
| Roasted Red Pepper Hummus · chickpeas and roasted red bell peppers spread (mild) | |
| Spicy Kalamata Hummus · chickpeas and kalamata olives spread (spicy) | |
| Poblano Pepper Hummus · chickpeas and poblano peppers spread (spicy) | |
| Mediterranean Salad · traditional tomato cucumber salad | |
| Tabouli · cracked wheat and parsley salad | |
| Black Bean and Corn · the name speaks for itself | |
| Red and Green Cabbage Slaw · zesty and sweet | |
| Feta Cheese · Mediterranean favorite | |
| Olives · kalamata and black olives mix | |
| Sautéed Onions · caramelized with spices | |
| Greens · spring mix | |
| Extra Toppings | \$1.75 each |

Add a Sauce

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| Tzatziki (D) | Lite Garlic (D) | Tahini | |
| Spicy Schug | Super Spicy Red | Extra Sauce | \$1.25 |



Shareables

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| The Pinched Mezze Plate (2-3 GUESTS) | \$24.95 |
| <i>Falafel, Hummus, Tabouleh, Feta, Fresh Vegetables & Fruit, Pita, & Variety of Sauces</i> | |
| Mediterranean Fish Tacos, 3 pieces, GF | \$14.95 |
| <i>blackened tilapia, HM chipotle sauce, cilantro, cabbage, lime on corn tortilla</i> | |
| Mediterranean Wings, 6 pieces, GF | \$13.95 |
| <i>Mediterranean spices, HM vinaigrette, garlic sauce, green salad</i> | |
| Feta Olive Flatbread | \$8.95 |
| <i>kalamata and black olives mix, feta cheese, oregano, olive oil</i> | |
| Falafel 3/6 | \$4.25 / \$7.25 |
| Roasted Garlic and Pita | \$5.50 |
| Roasted Red Bell Pepper in garlic and vinaigrette | \$6.50 |
| Hummus and Pita | \$8.50 |
| Spiced Potato Rounds OR Chips (fries, spicy or salted) | \$2.95 |

Soups and Sides

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| Chicken Veggie (GF) | Cup \$4.95 | Quart \$14.95 |
| White Bean (GF, Fall/Winter) | Cup \$4.95 | Quart \$14.95 |
| Gazpacho (cold soup, GF, Spring/Summer) | Cup \$5.95 | Quart \$18.95 |
| Olive oil, garlic pasta (8oz pasta, sautéed garlic and olive oil) | | \$7 |
| Seasoned Brown Rice | | \$3 |
| Pita | | \$1.95 |
| GF Pita | | \$3.50 |
| Toppings (4oz/8oz) | | \$3.95 / \$6.95 |
| Sauces (4oz/8oz) | | \$3.95 / \$6.95 |

Special Creations

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| Athena Bowl | \$15.95 |
| <i>Spring mix, chicken kabob, med salad, black bean and corn, cabbage slaw, feta, garlic sauce, pita</i> | |
| Victory Plate | \$16.95 |
| <i>Seasoned rice, beef chevaps, tabouli, black bean and corn, cabbage slaw, feta, spicy schug, pita</i> | |
| Poseidon Bowl | \$24.95 |
| <i>Couscous, grilled salmon, feta, mixed greens, vinaigrette slaw, kalamata olives, pesto sauce, pita</i> | |
| Petite Mezze | \$12.95 |
| <i>Hummus, falafel, mixed greens, marinated red onions, chickpeas, tahini</i> | |